Applied Learning is approaches learning through the engagement of students in direct application of skills, theories, and knowledge. Students have a variety of options for applying classroom learning to professional settings. The applied learning may be embedded into a course or may be an experience at a professional setting. At HGSE, this may include internships, course field experience, practicums, and community service.

What’s the best Applied Learning fit for you? Circle your answer to the following questions; add up the corresponding points and reference the results box at the end of this form.

### Applied Learning Course vs. Internship Assessment

1. What is your preferred working style?
   - I prefer working on a team (1 point)
   - I prefer working on my own (5 points)

2. How much support do you want/need?
   - I prefer in-person mentorship (1 point)
   - I prefer working at a distance / with a lot of autonomy (5 points)

3. Is flexibility or structure more important to you?
   - Flexibility more important (5 points)
   - Structure more important (1 point)

4. How much time do you have or expect to have time to devote to the project/internship?
   - 5-20 hours total over semester (1 point)
   - 8-10 hours/week for 10-11 weeks (5 points)
   - More than 10 hours/week (5 points)

5. Do you need to be paid?
   - Yes (5 points)
   - No (1 point)

<table>
<thead>
<tr>
<th>Points</th>
<th>Best-fit</th>
</tr>
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<tbody>
<tr>
<td>5-10 points</td>
<td>Applied Learning Course</td>
</tr>
<tr>
<td>11-19 points</td>
<td>Applied Learning Course or Applied Learning Internship</td>
</tr>
<tr>
<td>20-25 points</td>
<td>Applied Learning Internship</td>
</tr>
</tbody>
</table>

If you rated applied learning courses most relevant to you, fill out question #6 to guide your search. If you rated applied learning internships most relevant, fill out questions #7 to do the same. If you rated in the middle, do one or both.

6. What courses give me exposure to professional contacts, a skill-based project, or a knowledge that I need for my career?
   - ________________________________________________________________
   - ________________________________________________________________
   - ________________________________________________________________
   - ________________________________________________________________

7. List your priorities for an internship site (pay, credit, exposure to sector, professional networks, mentor, new skills)
   - ________________________________________________________________
   - ________________________________________________________________
   - ________________________________________________________________

- Bring this assessment when talking to your advisors at HGSE to help evaluate your options