

Career Services Office

Applied Learning

Applied Learning is approaches learning through the engagement of students in direct application of skills, theories, and knowledge. Students have a variety of options for applying classroom learning to professional settings. The applied learning may be embedded into a course or may be an experience at a professional setting. At HGSE, this may include internships, course field experience, practicums, and community service.

What's the best Applied Learning fit for you? Circle your answer to the following questions; add up the corresponding points and reference the results box at the end of this form.

Applied Learning Course vs. Internship Assessment

1. What is your preferred working style?
 - I prefer working on a team (1 point)
 - I prefer working on my own (5 points)
2. How much support do you want/need?
 - I prefer in-person mentorship (1 point)
 - I prefer working at a distance / with a lot of autonomy (5 points)
3. Is flexibility or structure more important to you?
 - Flexibility more important (5 points)
 - Structure more important (1 point)
4. How much time do you have or expect to have time to devote to the project/internship?
 - 5-20 hours **total** over semester (1 point)
 - 8-10 hours/week for 10-11 weeks (5 points)
 - More than 10 hours/week (5 points)
5. Do you need to be paid?
 - Yes (5 points)
 - No (1 point)

Points	Best-fit
5-10 points	Applied Learning Course
11-19 points	Applied Learning Course or Applied Learning Internship
20-25 points	Applied Learning Internship

If you rated applied learning courses most relevant to you, fill out question #6 to guide your search. If you rated applied learning internships most relevant, fill out questions #7 to do the same. If you rated in the middle, do one or both.

6. What courses give me exposure to professional contacts, a skill-based project, or a knowledge that I need for my career?
 - _____
 - _____
 - _____
 - _____
7. List your priorities for an internship site (pay, credit, exposure to sector, professional networks, mentor, new skills)
 - _____
 - _____
 - _____

➤ Bring this assessment when talking to your advisors at HGSE to help evaluate your options