

## Applied Learning Self-Assessment Form

What's the best Applied Learning fit for you? To determine this, fill out the following form: give yourself points for each answer, add up the points, and reference the results box at the end of this form.

### Applied Learning Course vs. Internship

1. What is your preferred working style?

- I prefer working on a team (1)
- I prefer working on my own (5)

2. How much support do you want/need?

- I prefer in-person mentorship (1)
- I prefer working at a distance / with a lot of autonomy (5)

3. Is flexibility or structure more important to you?

- Flexibility more important (5)
- Structure more important (1)

4. How much time do you have or expect to have time to devote to the project/internship?

- 5-20 hours total over semester (1)
- 8-10 hours/week for 10-11 weeks (5)
- More than 10 hours/week (5)

5. Do you need to be paid?

- Y (5)
- N (1)

Points	Best fit
5-10 points	Applied Learning Course
11-19 points	Applied Learning Course or Applied Learning Internship
20-25 points	Applied Learning Internship

### Go further:

If you rated AL courses most relevant to you, fill out question #6 to guide your search. If you rated AL internships most relevant, fill out questions #8-11 to do the same. If you rated in the middle, do one or both.

#### APPLIED LEARNING COURSE

6. What exp, org, role, skill do you want to have, build or expand? (*Example: nonprofit management experience, experience in boutique consulting, project management experience, budget / evaluation experience*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

#### APPLIED LEARNING INTERNSHIP

7. Who do you want to network with – think, if you built a company, who would you want on your board? (Consider name, title, role, sector, company.) Tip: Use LinkedIn

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

8. What sector exp, org, role, skill do you want to use? (internships)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

9. What exp, org, role, skill do you want to have, build or expand? (*Example: nonprofit management experience, experience in boutique consulting, project management experience, budget / evaluation experience*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

10. What do you want your resume to say at the end of this year?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_