

Professional Network Map

1. Fill out the names of people that fit the categories of getting the job done, advancing your career, and personal support.
2. List their role as it relates to you, i.e., peer, supervisor, colleague, senior leader, or friend
3. List if the relationship is close with a high degree of trust, distant where the contact is not known, or moderate where the relationship is in the middle with some confidence.
4. Highlight relationships that you feel are important to develop
5. Create an action item to develop the relationship further.

Getting the Job Done:

These people can be peers, supervisors, or colleagues that will help you achieve your daily goals.

Name	Role	Relationship	Action Plan

Advancing Your Career:

These people can be your supervisors, senior leadership, or colleagues that will provide advice or sponsorship to achieve your professional goals.

Name	Role	Relationship	Action Plan

Personal Support:

These people can be your peers, friends, or colleagues that you trust with your emotional well-being and can share both positive and negative experiences.

Name	Role	Relationship	Action Plan